

2025 SEED 研討會：透過社會情緒學習與師資培育，建構幸福校園
The SEED Conference 2025: Building Flourishing Schools Through SEL
and Teacher Education

10/23(星期四)/國立臺灣師範大學/進修推廣學院1樓演講廳

時間	內容
9:00-9:30	Registration 報到
9:30-9:45	Opening Ceremony & Welcome Remarks Speaker: Vice President Yao-Ting Sung Affiliation: National Taiwan Normal University 開幕式及歡迎致詞 分享人：宋曜廷副校長 所屬機構：國立臺灣師範大學
9:45-10:45	Keynote Speech: Pathways to Building Wellbeing in Schools: People, Place and Systems Speaker: Professor Dianne Vella-Brodrick Affiliation: The Centre for Wellbeing Science, The University of Melbourne 專題演講：學校福祉建構之路人、場域與系統 分享人：Dianne Vella-Brodrick教授（外國學者） 所屬機構：墨爾本大學/幸福科學中心
10:45-11:00	Break 休息
11:00-11:20	Sharing and Dialogue (session I): From Teacher Well-being to Flourishing Schools: Mental Health as the Cornerstone of SEL Implementation Speaker: Professor Yi-Hsuan Wu Affiliation: Department of Human Development and Family Studies, National Taiwan Normal University 分享與對話(一)：幸福教師成就幸福校園：教師心理健康作為SEL有效落實的核心關鍵 分享人：吳怡萱教授 所屬機構：國立臺灣師範大學/幼兒與家庭科學系
11:20-11:40	Sharing and Dialogue (session II): Implementing Health-Promoting Schools to Enhance Teacher and Student Well-Being in Taiwan

	Speaker: Professor Feng-Chin Chang Affiliation: Department of Health Promotion and Health Education, National Taiwan Normal University 分享與對話(二)：推動臺灣健康促進學校以增進師生身心健康 分享人：張鳳琴教授 所屬機構：國立臺灣師範大學/健康促進與衛生教育學系
11:40-12:00	Sharing and Dialogue (session III): A New Era of Exercise Science: The Evolving Link Between Acute Exercise and Cognitive Function Speaker: Professor Yu-Kai Chang Affiliation: Department of Physical Education and Sport Sciences, National Taiwan Normal University 分享與對話(三)：健身運動科學新紀元：急性運動與認知功能的再進化 分享人：張育愷教授 所屬機構：國立臺灣師範大學/體育與運動科學系
12:00-12:20	Sharing and Dialogue (session IV): Bearing BEAR: From Research to Practice in Social Emotional Cultivation Speaker: Professor Li-Fei Wang Affiliation: Department of Educational Psychology and Counseling, National Taiwan Normal University 分享與對話(四)：有BEAR而來：從研究建構到實務實踐的社會情緒陶冶之路 分享人：王麗斐教授 所屬機構：國立臺灣師範大學/教育心理與輔導學系
12:20-13:30	Lunch 午餐
13:30-15:30	Workshop: Harnessing Collective Action to Sustain Wellbeing Initiatives in Learning Communities Speaker: Dr. Tan-Chyuan Chin Affiliation: The Centre for Wellbeing Science, The University of Melbourne 工作坊：透過集體行動推動學習社群中福祉倡議的永續發展 分享人：Tan-Chyuan Chin教授（外國學者） 所屬機構：墨爾本大學/幸福科學中心
15:30-15:45	Break 休息

15:45-16:05	Sharing and Dialogue (session V): Enhance Teachers' Emotional Literacy Through PIC Coach Speaker: Professor Li-Yu Hung Affiliation: Department of Special Education, National Taiwan Normal University 分享與對話(五)：支持教師透過PIC（必可）教練提升情緒素養 分享人：洪儷瑜教授 所屬機構：國立臺灣師範大學/特殊教育學系
16:05-16:25	Sharing and Dialogue (session VI): From Personal to System-wide Transformation: Constructing Transformative SEL Implementation Pathways for Well-being Schools Speaker: Professor Peiying Chen Affiliation: Center for Educational Research and Innovation, National Taiwan Normal University 分享與對話(六)：從個人到系統的轉化：建構幸福校園的轉化型SEL實踐路徑 分享人：陳佩英教授 所屬機構：國立臺灣師範大學/教育研究與創新中心
16:25-16:45	Panel Discussion 專題座談
16:45-17:00	Closing Ceremony 閉幕式